

About the u3a.

The u3a (University of the Third Age) is a self-help organisation for people no longer in full time employment, who want to pursue learning and creative opportunities in a friendly and fun environment. There are local U3As all over the U.K., which are charities in their own right, run entirely by volunteers.

*No qualifications are required to join a u3a and none are provided.

*Learning is pursued for its own sake and for the fun, enjoyment and friendship it can provide.

There is no minimum age, but the focus is on people who are no longer in full-time employment or raising a family. Local U3As draw on the skills, experience and enthusiasm of their own members to organise and provide interest/activity groups, for other members. Each local u3a is slightly different as the activities on offer vary depending on the specific interests of their own members.

The Third Age Trust, (also a Charity), is the National representative body for all u3a's in the U.K.. It underpins the work of local u3as by providing educational and administrative support to their management committees.